



Fitness Trainer Certification Course Level 1

Course Directors: Dr Austin & Debi Jeans

Dates & Times: (Two weekends) Saturday 18th & 25th May and Sunday 19th & 26th May (8.00am – 2.00pm)

Final Theory & Practical Assessments & Awards Presentation: Sat 8th June (8.30am – 1.30pm)

Venue: Innovate Sport & Health, 100 The Chase (West), Emerald Hill

Cost: US\$150.00 / RTGS or Ecocash rate on the day of payment.

Details: Debi 0772 351 455 *Email:* lifestylemedzim@gmail.com



Includes 20 hours formal sessions, case study, class planning, two weeks course consolidation with home study and complimentary class attendance and personal trainer shadowing at Innovate Sport & Health.